## How to Activate emails from the CPMH

1. Log into the CSP website.



2. Once logged in click the "Your Account" button in the top right of the screen



3. Then select "Update email preferences"



- 4. Next select "Professional Network Emails"
- 5. Add the tick to the "Chartered Physiotherapists in Mental Health" box
- 6. Finally click "Save Preferences"

